

# PLEASE SHARE, WE CARE



## EMAIL

[NFDPeerSupport@nashville.gov](mailto:NFDPeerSupport@nashville.gov) OR  
[NFDChaplains@nashville.gov](mailto:NFDChaplains@nashville.gov)

## TEXT or CALL

ANY Department Peer Counselor / ANY Department Chaplain  
*Active Peer and Chaplain List on SharePoint*

## IMMEDIATE Crisis Resources Free 24/7

800-681-7444

24 Hour Centerstone Crisis  
Call Center

TEXT

741741

800-273-8255

National Suicide Prevention  
Chat Online @ "Lifeline Chat"